

Strengths & Values



**Meet
Dr Shilpi Khare**

Strengths:

Communication &
Listening skills

Strong work **ethics**

Females referred her
as an **expert of**
Normal Deliveries

My Strengths:

During the initial years of my practice, I realized that Gynecology goes way beyond than just understanding the functioning of a female body and related organs.

The Gyne changes are very personal in nature and hence the females are quite shy in expressing themselves and that's where the communication plays a very important role.

I have treated so many females who came from an economically underdeveloped strata of the society, and for them getting access to scientific measurements, test & instrumentation facilities is very difficult and hence the only way to understand them is to communicate with them and that too in their language.

For example Umbilical cord in Kanpur is known a khedi but in Agra it is known as Avalnaal.

These small things always help me to establish a connect with my patients and thus in effective treatment.

I come from a family where my father is a retired Govt employee and my mother is a home maker, I had no doctor in my family. Since, childhood I have seen the struggle of a family in medical support areas and hence when I became a doctor, I decided to keep my treatment very to the point so that my patients do not suffer the pain that my family has suffered.

I take a lot of pride in my strong work ethics.

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Meet **Dr Shilpi Khare**

Handled critical cases where the survival chances were less than 5%

Known for her **To-the-Point treatment**

The women from rural areas generally lack Iodine, calcium & Hemoglobin. I have handled cases where the probability of survival of women was less than 5%.

Over the last 10 years, I have handled more than 1000 very critical cases & many a times I have worked for more than 40 hours at a stretch and hence I possess a lot of confidence and generally don't lose patience in tough times which is a very important personality traits for a doctor.

A large part of my career has been into Govt hospitals where the most critical patients are admitted. I have faced situations where the patient was almost dead but I kept courage and presence of mind to bring them back into life and this feeling is priceless and my main motivating factor.

And last but not the least t, my husband Dr Utkarsh Srivastava has always been a guiding light for me. With out my supportive family I could not have done this.

Why Anandi?

I remember that in the first month of my MBBS, some of my mother's friends visited our house and they were in general congratulating me about my selection.

During the conversation someone said to my mom that Shilpi is the Anandi of your family and then I got to know about Anandi's story and since then the name is very close to my heart and I am really happy today to convert the name into my dream.

I also feel that good Gynecology practice is not about a one time treatment, it is about establishing an emotional connect & more importantly establishing a trust with the lady I am interacting with.

Understanding her perspective, her hopes, her anxieties , complications, etc. is way beyond a mere Doctor/patient transaction an hence I thought that if I want to be a trusted friend, I have to be more personal and exclusive to my patients.